

# Alpenplus Ötzi Trailrun Naturns

**11.04.2026**

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### 1. ORGANIZATION

The mountain run Alpenplus Ötzi Trailrun is organized by the tourism association of Naturns, in cooperation with several relevant associations.

### 2. Alpenplus Ötzi Trailrun Naturns

The event is a mountain run extending over the routes of the "Skyrace Naturns" (15 km and 1,150 m of altitude difference), the "Sunny Mountain Trail" (30 km and 2,100 m of altitude difference), the "Ötzi Just for fun" & Ötzi Speed-Trail (8 km and 400 m of altitude) and the Ötzi kids run (700 m or 1,400 m and 15 m of altitude difference) and the Ötzi vertical (racing and hobby class) (4,2 km and 760 m of altitude).

The competitions start in Naturno at Rathausplatz square on 11.04.2026 at 9 am (Sunny Mountain Trail), 10 am (Skyrace Naturns), 10.10 am (Ötzi kids run) and 11 am (Ötzi Just for fun & Ötzi Speed-Trail). The final destination is also at Rathausplatz square in Naturns. Ötzi vertical start on 09.04.2026 at 6 pm at the valley station of the cable car Unterstell and the final destination is the mountain station Unterstell.

### 3. ROUTE INFORMATION

Skyrace Naturn: 15 km and 1,150 m of altitude difference

Sunny Mountain Trail: 30 km and 2,100 m of altitude difference

Ötzi Just for fun & Ötzi Speed-Trail: 8 km and 400 m of altitude difference

Ötzi kids run: 700 m or 1,400 m and 15 m of altitude difference

Ötzi vertical (racing and hobby class): 4,2 km and 760 m of altitude difference

## 4. CONDITIONS OF PARTICIPATION

### 4.1. Sunny Mountain Trail & Skyrace Naturals

Terms of eligibility – open to all men and women who have reached the age of 18 by 11.04.2026 and meet the following requirements:

- Participants resident in Italy: must be in possession of a sports medical certificate for athletics according to art. 5 D.M.18.02.1982, issued by a sports doctor and valid on the day of the race. A copy of the medical certificate must be uploaded upon registration or must be sent to [info@oetzi-trailrun.com](mailto:info@oetzi-trailrun.com) within 16.03.2026. Without a medical certificate, you will not be allowed to start the race.
- Participants residing outside Italy: due to the legal regulations in force in Italy for participation in races held in Italy, participants residing abroad must present a medical certificate. A copy of the medical certificate, which you can download in advance from the registration portal [www.oetzi-trailrun.com](http://www.oetzi-trailrun.com), must be uploaded upon registration or must be sent to [info@oetzi-trailrun.com](mailto:info@oetzi-trailrun.com) within 16.03.2026. Without a medical certificate, you will not be allowed to start the race.

### 4.2. Ötzi Just for fun

Men and women who have reached the age of 13 on 11.04.2026 and meet the physical requirements are eligible to participate. With their signature, parents take the responsibility of their own children.

### 4.3. Ötzi Speed-Trail

Jung people who have reached the age of 13 on 11.04.2026 and meet the physical requirements are eligible to participate. The following requirements apply: See 4.1 Requirements Sunny Mountain Trail & Skyrace Naturals: a medical certificate is mandatory and a parental consent is required.

The Ötzi junior run follows the same route as the Just for Fun run and requires surefootedness, physical fitness and running experience.

### 4.4 Ötzi kids run

Kids who have reached the age of 5 on 11.04.2026 and meet the physical requirements are eligible to participate. **Each** kid must be able to complete the route on their own responsibility. With their signature, parents take the responsibility of their own children.

The Ötzi kids run takes place in town on save routes, nonetheless kids require good surefootedness, physical condition and running experience.

### 4.5 Ötzi vertical (racing and hobby class)

#### Racing class

- Participants resident in Italy: must be in possession of a sports medical certificate for athletics according to art. 5 D.M.18.02.1982, issued by a sports doctor and valid on the day of the race. A copy of the medical certificate must be uploaded upon registration or must be sent to [info@oetzi-trailrun.com](mailto:info@oetzi-trailrun.com) within 16.03.2026. Without a medical certificate, you will not be allowed to start the race.
- Participants residing outside Italy: due to the legal regulations in force in Italy for participation in races held in Italy, participants residing abroad must present a medical certificate. A copy of the medical certificate, which you can download in advance from the registration portal [www.oetzi-trailrun.com](http://www.oetzi-trailrun.com), must be uploaded upon registration or must be sent to [info@oetzi-trailrun.com](mailto:info@oetzi-trailrun.com) within 16.03.2026. Without a medical certificate, you will not be allowed to start the race.

#### hobby class

Eligible to participate are men and women who have reached the age of 18 by 09.04.2026, and who meet the physical requirements. No medical certificate is required.

Each participant must be able to complete the route on their own responsibility and as a partially self-sufficient person.

The Alpenplus Ötzi Trailrun runs partly along demanding routes and requires:

- good surefootedness
- lack of suffering from giddiness
- excellent physical and psychological condition
- partial self-sufficiency
- experience in Alpine cross-country running
- good orientation and safety on slippery terrain.

## 5. LIMITED STARTING PLACES

The number of participants is limited. A maximum of 350 people (Sunny mountain), 250 people (Skyrace), 150 people (Ötzi just for fun), 100 people (Ötzi Speed-Trail), 200 people (Ötzi kids run) and 200 people (Ötzi vertical racing and hobby class) can participate in the race.

The organizers reserve the right to exclude persons from participation and to adjust the maximum number of participants. In this case, the date on which the application was filed shall apply.

## 6. REGISTRATION

Participants can register online at **www.oetzi-trailrun.com**. Registration is open until **07.04.2026**. With registration at the Alpenplus Ötzi Trailrun, every participant accepts the rules of the competition.

## 7. PAYMENT

The collection of data and direct payment is done according to **RACE RESULT** and the organizer.

The registration is only valid after payment of the entry fee and correct registration. If a registered participant does not complete the registration, he/she is not entitled to a refund of the entry fee.

## 8. RESIGNATION – PASSING ON A STARTING NUMBER

The registration fee will NOT be refunded. Exceptions are athletes who cannot start due to illness or injury and who present a medical certificate. In case of a shortening of the course or cancellation of the race due to force majeure, the registration fee will NOT be refunded and will not be credited for the following year.

In justified cases (injury, illness), a starting number may be passed on to third parties until 07.04.2026. A change to a shorter race (Skyrace Naturns or Just for fun) is possible **without refund** of the difference.

## 9. CATEGORIES

### Sunny Mountain Trail & Skyrace Naturns

#### MEN

M1 2008 - 1987	18 - 39 years
M2 1986 - 1977	40 - 49 years
M3 1976 - 1967	50 - 59 years
M4 1966 and older	60 years and older

#### WOMEN

W1 2008 - 1987	18 - 39 years
W2 1986 - 1972	40 - 54 years
W3 1971 and older	55 years and older

### Ötzi Just for fun

MEN 2013 and older	13 years and older
WOMEN 2013 and older	13 years and older

### Ötzi Speed-Trail

Young people female 2008 – 2013	13 – 17 years
Young people male 2008 – 2013	13 – 17 years

### Ötzi kids run

K2 Age 2014 – 2017 (with approval from the parents)

9 – 12 years

K1 age 2018 – 2021 (with approval from the parents)

5 – 8 years

### Ötzi vertical

#### Racing class women

1981 and younger (must be at least 18 years old)

1980 and older

#### Racing class men

1981 and younger (must be at least 18 years old)

1980 and older

### hobby class

#### women and men:

2008 and older 18 years and older

## 10. RANKINGS AND PRICES

The awards ceremony will take place on Saturday 11.04.2026 at 3 pm in Naturno on Rathausplatz square or Rathausaal hall (finish area).

#### Sunny Mountain Trail & Skyrace Naturals:

The first five men and women in the overall rankings and the first three in all categories will be awarded prizes.

Only the finishers receive a Finisher's Prize.

Only runners who reach the finish line will be evaluated for the rankings list. Prize money for the first 5 in terms of overall classification and material prizes will be awarded to the first three in all categories.

Sunny Mountain Trail	Skyrace Naturals
1.total – 500 €	1.total – 300 €
2.total – 350 €	2.total – 200 €
3.total – 300 €	3.total – 150 €
4.total – 200 €	4.total – 100 €
5.total – 100 €	5.total – 50 €

### Ötzi Just for fun & vertical hobby class

The Ötzi Just for fun run will also be timed, and prizes will be awarded to the 5 participants who have the smallest distance to the average time (non-cash prize).

### Ötzi Speed-Trail & Vertical racing class

The first three runners in all categories will be awarded prizes.

### Ötzi kids run:

The Ötzi kids run will also be timed. However, kids will not be awarded. A small awards ceremony will take place at 12:30 p.m.

## 11. ENTRY FEE

#### Skyrace Naturals, Sunny Mountain Trail:

Until 31.12.2025 the registration fee is 45 € (Skyrace Naturals) and 50 € (Sunny Mountain Trail). From 1.1.2026 to 28.02.2026 the fee is 50 € (Skyrace Naturals) and 55 € (Sunny Mountain Trail). From 1.3.2026 until the 07.04.2026, the fee is 60 € (Skyrace Naturals) and 65 € (Sunny Mountain Trail).

#### LATE REGISTRATIONS ARE POSSIBLE!

Late entries can be made on Friday, 10.04.2026 from 4 – 7 p.m., or on Saturday, 11.04.2026 from 6,30 – 10 a.m. in the Race Office. In case of late registration, a valid medical certificate has to be presented (Sunny Mountain Trail & Skyrace Naturals). Late registration costs € 70 (Skyrace Naturals) and € 75 (Sunny Mountain Trail).

**Just for fun & Speed-Trail:**

Until 31.12.2025 the registration fee is 35 €. From 1.1.2026 to 28.02.2026 the fee is 40 €. From 1.3.2026 until the 07.04.2026, the fee is 50 €. Late registrations are still possible on the day of the race: 55€.

**Ötzi kids run:**

The Ötzi kids run costs 8 euros in 2026. Half of the proceeds go to the South Tyrolean Cancer Aid.

**Ötzi vertical (racing and hobby class):**

Until 31.12.2025 the registration fee is 20 €. From 1.1.2026 to 28.02.2026 the fee is 25 €. From 1.3.2026 until the 07.04.2026, the fee is 30 €. Late registrations are still possible on the day of the race: 35€.

**12. CATERING – SELF-CATERING**

In the route map you will find a detailed list of the catering stations.

The following catering is provided at each supply point: natural water, energy drinks, nutritional bars, fruit, and dried fruit. The principle of partial self-sufficiency prevails.

Every participant is obliged to have the prescribed material with them during the race and after each supply point (see under Material).

The catering at the supply points is intended only for consumption on site, and may not be taken along. Only natural water is provided for filling Camelbaks or bottles.

Participants must carry their own drinking cup or suitable container with them.

**13. ROUTE MARKING AND CHECKPOINTS**

Each participant must adhere to the given and marked route. Any deviation from the course will be punished with disqualification (see also under Penalties). There are several checkpoints. These are mandatory. If a runner does not pass a checkpoint, he or she will be disqualified.

**14. MATERIAL**

With the registration, each runner accepts the obligation to carry all materials listed below during the entire run. Failure to do so will incur the imposition of penalties.

**Sunny Mountain Trail****MANDATORY:**

- Backpack or belt bag
- Mobile phone, switched on and charged
- Security numbers of the organization and emergency number to be stored
- Drinking bottle or Camelbak min.0.5l
- Cup or suitable drinking container
- Aluminum rescue blanket or survival blanket
- Signal whistle
- Waterproof jacket, and warm clothing suitable for poor climatic conditions and high altitudes
- Cash for possible return transport (10 €)

**RECOMMENDED:**

- Spikes or shoe claws depending on conditions\*
- Cap, headband or other head protection
- Gloves
- Food supply sufficient to the next supply point
- First Aid- Box

**Skyrace Naturns****MANDATORY:**

- Mobile phone, switched on and charged
- Security numbers of the organization and emergency number to be stored
- Cup or suitable drinking container

- Aluminum rescue blanket or survival blanket
- Signal whistle
- Waterproof jacket and warm clothing suitable for poor climatic conditions and high altitudes
- Cash for possible return transport (10 €)

**RECOMMENDED:**

- Spikes or shoe claws depending on conditions\*
- Cap, headband or other head protection
- Gloves
- Food supply sufficient to the next supply point
- First-aid box

\*Depending on the conditions of the route, the organizers will communicate this 1 week in advance.

**Ötzi Just for fun & Ötzi Speed-Trail**

**MANDATORY:**

- Mobile phone, switched on and charged
- Security numbers of the organization and emergency number to be stored
- jacket

**Ötzi kids run:**

No obligation to carry materials for the VIP Apple Kids Run.

**Ötzi vertical (racing and hobby class):**

**MANDATORY:**

- Mobile phone, switched on and charged
- Security numbers of the organization and emergency number to be stored

**15. BACKPACK CONTROL**

The backpack check will take place on Saturday, 11.04.2026 from 8 am (Sunny Mountain Trail), 9.15 am (Skylace Naturno) and 10.45 am (Ötzi Just for fun & Ötzi Speed-Trail) on the Rathausplatz square – at the entrance to the start area.

The mandatory material will be checked before the run, and can be randomly checked along the course and at the finish. The organizers may also request additional material as obligatory before the start.

**16. RETURN TRANSPORT**

If an athlete should discontinue their participation in the race for any reason, they are generally responsible for the return transport.

**17. ISSUING OF STARTING NUMBERS**

Starting numbers will be issued in Naturno on Friday, 10.04.2026 at the tourist office Naturno from 4 – 7 pm and on 11.04.2026 from 6,30 – 10 am.

Every runner will receive a number at the race number distribution center:

- **Starting Number:** this must be attached to the front of the body in a clearly visible position. The race number allows the runners access to catering zones, medical and rest zones, showers and shuttle services. Starting numbers may not be passed on to other persons.
- **Chip:** free of charge and must be attached to the starting number. This must not be transported in a backpack. Before the start, each runner must go through the entrance gates to the closed start area in order to register.

## **18. BRIEFING**

The briefing for the Alpenplus Ötzi Trailrun will be published on [www.oetzi-trailrun.com](http://www.oetzi-trailrun.com), in addition the briefing will be sent to the registered participants by e-mail approximately one week before the race.

## **19. ACCOMPANYING PERSONS**

Accompanying persons are not permitted. Besides the VIP Apple Kids Run.

## **20. SAFETY AND MEDICAL CARE**

Auxiliary posts will be set up along the route, which will be connected to the race control by radio or telephone. Along the territory of the route, ambulances, civil defense and doctors will be ready for action. The auxiliary services are intended to provide assistance to all persons in difficulty, either through the organizers' own resources or through contractual organizations. The control posts, doctors, helpers, White Cross and Mountain Rescue are authorized to exclude from the competition any participants who have not been found suitable to continue. The helpers are entitled to evacuate participants found to be in danger with all means at their disposal. If necessary, the official mountain rescue service will be used, which will take the lead in this case and use all suitable means, including helicopters. Only the employees of the organization decide on the necessity according to the interest of the person to be looked after. Any costs arising from the use of these extraordinary funds will be borne by the participants in accordance with the applicable regulations. A runner who turns to a doctor or assistant submits to his or her authority and undertakes to respect his or her decisions.

## **21. START – TIME LIMITS**

The start of the race takes place on Saturday, 11.04.2026 at 9 am (Sunny Mountain Trail), 10 am (Skyrace Naturals), 10.10 am (Ötzi kids run) and 11 am (Ötzi Just for fun & Ötzi Speed-Trail).

Time limits: 7 and 6 and, so that the race ends on Saturday, 11.04.2026, 4 pm.

- Dursterhof 2,5 hours "Sunny Mountain Trail" (11.30 pm)

- Top station Unterstell cable car 6,5 (Sunny Mountain Trail), 5 hours (Skyrace Naturals) (Saturday, 11.04.2026 15.30 pm)

The Ötzi Vertical (racing & hobby class) starts on Thursday, April 9, 2026, at 6:00 PM. Time limit: 2 hours, and the race ends at 8:00 PM.

The time limits are marked on the route map. The runners must have left the control post with the broom runner at the end of the time. Runners who exceed the time limit will be removed from the race. The broom runner accompanies the last runners to the next checkpoint. All runners must follow the instructions of the track and control posts and the broom runners. Each competitor may, except in case of injury or exhaustion, finish the competition only at the control posts. The head of the post decides on any further procedure and the return transport. Each participant must report a withdrawal from the race to a track marshal or by telephone to the race control. In case of inclement weather conditions and/or safety reasons, the organizers reserve the right to interrupt the current competition or to change the time limits.

## **22. OFFENCES AND PENALTIES**

During the race, officials will be present who are entitled to check the compliance of participants with the regulations. These officials are authorized to disqualify runners with immediate effect and to inform the jury of any infringements found. The jury of the race will impose penalties according to the following table:

- Lack of the prescribed backpack material at the finish line – 2 hours to disqualification
- Shortcut or leaving the marked track – Disqualification
- Refusal to control – Disqualification
- Intentional throwing away of waste of runners – Disqualification
- Use of a means of transport, sharing or exchanging race numbers, failure to pass a checkpoint, doping or refusal to undergo an anti-doping check, failure to provide assistance to another participant in difficulty, insults, disrespect or threats to members of the organization or to volunteers, gross unsportsmanship – Disqualification
- Non visible start number – 30 minutes
- Refusal to obey the instructions of the race management, a functionary, a doctor or a helper – Disqualification



- Absence of an electronic chip – According to the jury's decision
- Leaving the control post after the time limit has expired – Disqualification

This list does not claim to be exhaustive. In the event of disqualification, no reimbursement of costs will be made by the organizers.

### **23. RECLAMATIONS**

Objections must be made no later than 30 minutes after the official announcement of the results on the notice board in the race office (3:30 pm) in written form, together with an amount of 50 € payable to the race management. A decision will be made within the next half hour. In the event that the complaint is accepted, the amount will be refunded.

### **24. PANEL OF THE JURY**

- OC – President
- Director of the Race Control
- 2 members of the OC
- Responsible for the track

### **25. DOPING**

Each participant must abide by the internationally applicable doping rules. Any athlete may be subjected to a doping test before, during or after the run.

### **26. ROUTE CHANGE AND CANCELLATION**

The organization reserves the right to change the route or the location of the auxiliary and supply posts as well as the time limits at any point without notice. For safety reasons, the competition may be cancelled at any time. In the case of inclement weather conditions, the start time may be postponed or cancelled. If necessary, the organizers reserve the right to modify or cancel some sections of the route. In the event of any change or abandonment of the competition, there will be no claims for a refund of the entry fees.

### **27. INSURANCE**

The organizers take out liability insurance for the duration of the competition. Participation is undertaken by direct responsibility of the participants, who waive any appeal against the organizers in the case of damage or other consequences occurring after the competition.

### **28. IMAGE RIGHTS**

All participants waive all rights to images taken or reproduced before, during and after the competition.

### **29. TIME MEASUREMENT**

<http://www.raceresult.at>

### **30. DATA PROTECTION – GDPR 2016/679**

The personal data of all participants provided during registration will be stored and processed only for the purposes of carrying out and processing the event. With registration, the participant agrees to storage of their data. The participant agrees that all personal data collected may be passed on to third parties for the purpose of timekeeping, compiling and displaying the result lists as well as the settings of these lists on the homepage. With registration, the organizer agrees to the publication of these data across all relevant media (homepage, print media and Internet). The participant agrees with registration that all personal data stated in the registration form may be stored, and that all photos and film footage taken in connection with the Skyrace Naturals, the Sunny Mountain Trail, the Ötzi Just for fun, the Ötzi Speed-Trail, the Ötzi Kids Run and the Ötzi vertical (racing and hobby class) may be used and published without claim or remuneration. **Please also note the privacy policy of our partner RACE RESULT at the following link:** [www.raceresult.com/de-at/contact/dataprivacy.php](http://www.raceresult.com/de-at/contact/dataprivacy.php)

**THE ORGANIZERS WISH ALL PARTICIPANTS AN ACCIDENT-FREE AND FAIR COMPETITION!**